

Wettkampf 5 - 400m Freistil Frauen und Männer

AK 75 - weiblich

Platz	Schwimmerin	Jg.	Verein	Endzeit	Masters
1.	Dietlind Weise	1948/AK 75	TG Kitzingen	07:22,82	789
100m: 01:39,64 (01:39,64) 200m: 03:31,23 (01:51,59) 300m: 05:27,64 (01:56,41) 400m: 07:22,82 (01:55,18)					

AK 60 - männlich

Platz	Schwimmer	Jg.	Verein	Endzeit	Masters
1.	Luc Lamberigts	1962/AK 60	Active Company Antwerpen	06:40,16	332
100m: 01:31,26 (01:31,26) 200m: 03:15,32 (01:44,06) 300m: 04:59,10 (01:43,78) 400m: 06:40,16 (01:41,06)					

AK 55 - weiblich

Platz	Schwimmerin	Jg.	Verein	Endzeit	Masters
1.	Teodora König	1966/AK 55	SC Gut Nass Altena	05:58,80	535
100m: 01:24,42 (01:24,42) 200m: 02:55,42 (01:31,00) 300m: 04:27,42 (01:32,00) 400m: 05:58,80 (01:31,38)					

AK 55 - männlich

Platz	Schwimmer	Jg.	Verein	Endzeit	Masters
1.	Marius Traus	1968/AK 55	Abseitz Stuttgart e.V.	05:59,64	422
100m: 01:22,32 (01:22,32) 200m: 02:55,82 (01:33,50) 300m: 04:29,60 (01:33,78) 400m: 05:59,64 (01:30,04)					

nicht am Start

Tim Rakemann 1966/AK 55 Isarhechte München e.V.

AK 50 - weiblich

Platz	Schwimmerin	Jg.	Verein	Endzeit	Masters
1.	Ludmilla Eimer	1969/AK 50	EOSC Offenbach	06:11,39	458
100m: 01:23,54 (01:23,54) 200m: 02:55,51 (01:31,97) 300m: 04:32,42 (01:36,91) 400m: 06:11,39 (01:38,97)					

AK 50 - männlich

Platz	Schwimmer	Jg.	Verein	Endzeit	Masters
1.	Jerry Grondel	1972/AK 50	HHZV Plons	04:57,07	625
100m: 01:06,57 (01:06,57) 200m: 02:20,54 (01:13,97) 300m: 03:38,51 (01:17,97) 400m: 04:57,07 (01:18,56)					

AK 45 - weiblich

Platz	Schwimmerin	Jg.	Verein	Endzeit	Masters
1.	Christina Popma	1977/AK 45	HHZV Plons	06:39,70	358
100m: 01:34,80 (01:34,80) 200m: 03:15,45 (01:40,65) 300m: 04:57,67 (01:42,22) 400m: 06:39,70 (01:42,03)					
2.	Dagmar Megerle	1974/AK 45	Abseitz Stuttgart e.V.	06:47,32	338
100m: 01:33,89 (01:33,89) 200m: 03:18,64 (01:44,75) 300m: 05:04,26 (01:45,62) 400m: 06:47,32 (01:43,06)					
3.	Kerstin Zimmermann	1978/AK 45	SC Regenbogenforellen e.V.	07:47,61	223
100m: 01:52,48 (01:52,48) 200m: 03:53,02 (02:00,54) 300m: 05:53,33 (02:00,31) 400m: 07:47,61 (01:54,28)					

AK 45 - männlich

Platz	Schwimmer	Jg.	Verein	Endzeit	Masters
1.	Michel Krüger	1978/AK 45	Düsseldorf Dolphins e.V.	05:46,51	357
100m: 01:14,77 (01:14,77) 200m: 02:42,74 (01:27,97) 300m: 04:14,51 (01:31,77) 400m: 05:46,51 (01:32,00)					
2.	Enrico Gatz	1977/AK 45	FVV Frankfurter Volleyball Verein e.V.	08:47,79	101
100m: 01:51,39 (01:51,39) 200m: 04:10,13 (02:18,74) 300m: 06:30,35 (02:20,22) 400m: 08:47,79 (02:17,44)					

nicht am Start

Matthias Hahne 1975/AK 45 Düsseldorf Dolphins e.V.



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AK 40 - weiblich

Platz	Schwimmerin	Jg.	Verein	Endzeit	Masters
1.	Lina Jansen	1982/AK 40	TV 1846 Eberbach	05:32,86	575
	100m: 01:17,42 (01:17,42) 200m: 02:41,64 (01:24,22) 300m: 04:08,23 (01:26,59) 400m: 05:32,86 (01:24,63)				
2.	Gwendolyn Tucker	1983/AK 40	Copenhagen Mermates	05:47,31	506
	100m: 01:20,58 (01:20,58) 200m: 02:49,01 (01:28,43) 300m: 04:17,63 (01:28,62) 400m: 05:47,31 (01:29,68)				

AK 40 - männlich

Platz	Schwimmer	Jg.	Verein	Endzeit	Masters
1.	David Roels	1979/AK 40	Active Company Antwerpen	04:38,89	642
	100m: 01:07,48 (01:07,48) 200m: 02:17,45 (01:09,97) 300m: 03:28,23 (01:10,78) 400m: 04:38,89 (01:10,66)				
2.	Maarten Kindt	1980/AK 40	BGS - Brussels Gay Sports	05:15,16	445
	100m: 01:12,45 (01:12,45) 200m: 02:31,32 (01:18,87) 300m: 03:53,13 (01:21,81) 400m: 05:15,16 (01:22,03)				
3.	Steven Prins	1979/AK 40	HHZV Plons	05:25,83	402
	100m: 01:17,45 (01:17,45) 200m: 02:39,77 (01:22,32) 300m: 04:02,36 (01:22,59) 400m: 05:25,83 (01:23,47)				
4.	Martin Nowitzki	1979/AK 40	Abseitz Stuttgart e.V.	06:07,86	280
	100m: 01:25,67 (01:25,67) 200m: 03:00,42 (01:34,75) 300m: 04:36,39 (01:35,97) 400m: 06:07,86 (01:31,47)				
5.	Ferdi Smits	1980/AK 40	GLS Ketelbinkie Rotterdam	06:28,51	237
	100m: 01:29,04 (01:29,04) 200m: 03:08,32 (01:39,28) 300m: 04:29,32 (01:21,00) 400m: 06:28,51 (01:59,19)				

abgemeldet

Enrico Nike 1982/AK 40 SC Regenbogenforellen e.V.

AK 35 - männlich

Platz	Schwimmer	Jg.	Verein	Endzeit	Masters
1.	Mark Godwaldt	1987/AK 35	psv masters	05:09,16	481
	100m: 01:12,07 (01:12,07) 200m: 02:32,26 (01:20,19) 300m: 03:52,80 (01:20,54) 400m: 05:09,16 (01:16,36)				
2.	Lorenzo Zanon	1986/AK 35	Abseitz Stuttgart e.V.	05:09,60	479
	100m: 01:12,54 (01:12,54) 200m: 02:31,64 (01:19,10) 300m: 03:51,29 (01:19,65) 400m: 05:09,60 (01:18,31)				
3.	Markus Steinmetz	1987/AK 35	Düsseldorf Dolphins e.V.	05:21,11	429
	100m: 01:12,83 (01:12,83) 200m: 02:34,07 (01:21,24) 300m: 03:58,25 (01:24,18) 400m: 05:21,11 (01:22,86)				
4.	Johnny Nguyen	1986/AK 35	Copenhagen Mermates	05:37,95	368
	100m: 01:18,67 (01:18,67) 200m: 02:43,95 (01:25,28) 300m: 04:11,30 (01:27,35) 400m: 05:37,95 (01:26,65)				
5.	Dominik Lellek	1986/AK 35	FVV Frankfurter Volleyball Verein e.V.	05:50,51	330
	100m: 01:18,80 (01:18,80) 200m: 02:48,00 (01:29,20) 300m: 04:20,07 (01:32,07) 400m: 05:50,51 (01:30,44)				
6.	Jochen Waibel	1986/AK 35	Isarhechte München e.V.	05:52,48	325
	100m: 01:17,54 (01:17,54) 200m: 02:47,57 (01:30,03) 300m: 04:19,20 (01:31,63) 400m: 05:52,48 (01:33,28)				
7.	Christopher Dadok	1986/AK 35	Nat Utrecht	05:54,10	320
	100m: 01:17,32 (01:17,32) 200m: 02:47,67 (01:30,35) 300m: 04:21,16 (01:33,49) 400m: 05:54,10 (01:32,94)				
8.	Matthäus Koik	1987/AK 35	Isarhechte München e.V.	07:12,32	176
	100m: 01:34,26 (01:34,26) 200m: 03:26,23 (01:51,97) 300m: 05:20,35 (01:54,12) 400m: 07:12,32 (01:51,97)				
9.	Michel Pfeifer-Leeg	1988/AK 35	Rosa Panther Nürnberg	07:19,16	168
	100m: 01:29,64 (01:29,64) 200m: 03:27,13 (01:57,49) 300m: 05:27,70 (02:00,57) 400m: 07:19,16 (01:51,46)				

AK 30 - weiblich

Platz	Schwimmerin	Jg.	Verein	Endzeit	Masters
1.	Birte Zeltmann	1989/AK 30	EOSC Offenbach	05:36,26	514
	100m: 01:17,38 (01:17,38) 200m: 02:43,12 (01:25,74) 300m: 04:10,03 (01:26,91) 400m: 05:36,26 (01:26,23)				
2.	Nanda van Heteren	1989/AK 30	psv masters	05:39,02	502
	100m: 01:19,26 (01:19,26) 200m: 02:46,48 (01:27,22) 300m: 04:14,23 (01:27,75) 400m: 05:39,02 (01:24,79)				

AK 30 - männlich

Platz	Schwimmer	Jg.	Verein	Endzeit	Masters
1.	Stefan Ehehalt	1992/AK 30	Rosa Panther Nürnberg	04:56,13	534
	100m: 01:07,20 (01:07,20) 200m: 02:21,64 (01:14,44) 300m: 03:39,67 (01:18,03) 400m: 04:56,13 (01:16,46)				



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noch AK 30 - männlich

Platz	Schwimmer	Jg.	Verein	Endzeit	Masters
2.	Klaus Stüben	1991/AK 30	Isarhechte München e.V.	05:44,60	338
	100m: 01:17,60 (01:17,60) 200m: 02:47,13 (01:29,53) 300m: 04:19,00 (01:31,87) 400m: 05:44,60 (01:25,60)				
3.	Moritz Reichert	1991/AK 30	Rosa Panther Nürnberg	06:41,76	213
	100m: 01:30,45 (01:30,45) 200m: 03:12,02 (01:41,57) 300m: 04:59,02 (01:47,00) 400m: 06:41,76 (01:42,74)				
<u>nicht am Start</u>					
	Hicham Gardeslen	1993/AK 30	GLS Ketelbinkie Rotterdam		

AK 25 - weiblich

Platz	Schwimmerin	Jg.	Verein	Endzeit	Masters
1.	Anne Knecht	1997/AK 25	TV 1846 Eberbach	05:08,60	654
	100m: 01:11,16 (01:11,16) 200m: 02:29,80 (01:18,64) 300m: 03:49,92 (01:20,12) 400m: 05:08,60 (01:18,68)				
2.	Vanessa Seitz	1998/AK 25	SSKC Poseidon Aschaffenburg	05:58,32	417
	100m: 01:21,39 (01:21,39) 200m: 02:51,36 (01:29,97) 300m: 04:25,51 (01:34,15) 400m: 05:58,32 (01:32,81)				

AK 25 - männlich

Platz	Schwimmer	Jg.	Verein	Endzeit	Masters
1.	Stefano de Nicola	1994/AK 25	Isarhechte München e.V.	05:45,51	344
	100m: 01:18,86 (01:18,86) 200m: 02:46,89 (01:28,03) 300m: 04:16,89 (01:30,00) 400m: 05:45,51 (01:28,62)				
2.	Nicolas Seince	1995/AK 25	Copenhagen Mermates	06:35,00	230
	100m: 01:26,50 (01:26,50) 200m: 03:05,25 (01:38,75) 300m: 04:49,18 (01:43,93) 400m: 06:35,00 (01:45,82)				

AK 20 - weiblich

Platz	Schwimmerin	Jg.	Verein	Endzeit	Masters
1.	Jasmin Seitz	2001/AK 20	SSKC Poseidon Aschaffenburg	05:58,51	367
	100m: 01:20,80 (01:20,80) 200m: 02:53,00 (01:32,20) 300m: 04:27,17 (01:34,17) 400m: 05:58,51 (01:31,34)				

AK 20 - männlich

Platz	Schwimmer	Jg.	Verein	Endzeit	Masters
1.	Dominik Adam	1999/AK 20	Aquamen Prague	05:44,26	353
	100m: 01:14,26 (01:14,26) 200m: 02:42,23 (01:27,97) 300m: 04:14,57 (01:32,34) 400m: 05:44,26 (01:29,69)				

